

**THANK YOU TO
OUR SPONSORS!**



HATS OFF



Lynden
CHAMBER OF
COMMERCE
- LYNDEN, WASHINGTON -
518 Front Street ~ Lynden, WA 98264



**RASPBERRY
FESTIVAL**

5K Fun Run/Walk

*Lace up your
running shoes for a
"berry" good time!*

**Kids 18 & Under
Run Free!**



**SATURDAY
JULY 18, 2009**

*Proceeds benefit the
Lynden Boys & Girls Club*

RACE INFORMATION:
Lynden Chamber of Commerce
(360) 354-5995 ~ www.lynden.org



START TIME AND LOCATION

Saturday, July 18, 2009
8:00-8:45AM Registration
9:00AM Run/Walk Start

Registration will be located at
Lynden Christian High School
(515 Drayton Street, Lynden, WA 98264)
 From I-5 North, take Exit 256 North on Guide Meridian Rd. After 12 miles, turn right (east) onto Main Street. Turn left (north) on 1st Street and right (east) on Drayton Street. Follow signs to the race start at the corner of Drayton Street & Lyncs Drive/Nooksack Avenue (parking is available in the LCHS/LCMS parking lots)

ENTRY FEES

Pre-Registration

18 and Under Walk/Run Only.....FREE
 18 and Under Walk/Run
 w/Sport-Tek Dri-Mesh T-shirt....\$20.00
 Adult Walk/Run Only.....\$10.00
 w/Sport-Tek Dri-Mesh T-shirt....\$30.00
Pre-registration forms must be RECEIVED at the Lynden Chamber of Commerce no later than Monday, July 13 (NO PRE-REGISTRATION JULY 14-17)

Race Day Late Registration

18 and Under Walk/Run Only.....FREE
 Adult Walk/Run Only.....\$15.00
 (NO T-SHIRT)

Race Day T-shirts available to order at Hats Off. (306B Front St.)



Event proceeds go to the
Lynden Boys & Girls Club
ALL AGES WELCOME!



AWARDS



Ribbons will be awarded for the first through third place finishers in age and gender division. In addition, the first male & female to finish the race will each receive a gift certificate for a flat of raspberries from Barbie's Berries. Awards will be available at the registration area after the race!

Race results will be available online on the Lynden Chamber of Commerce (www.lynden.org), Greater Bellingham Running Club (www.gbrc.net), and Fairhaven Runners (www.fairhavenrunners.com) websites, in the Lynden Tribune July 22 edition, or by mail/e-mail request. Winners will also be announced during the Raspberry Festival downtown. Come join the fun after the run!

COURSE INFO

The 5K course is a flat & fast route through the Homestead Farms golf community, quiet residential streets, and Lynden City Park. The course starts and finishes along Drayton Street near Lynden Christian High School.

Restroom facilities will be available at Lynden Christian High School near the race finish. Complimentary refreshments will be provided at the registration tables after the race for runners/walkers.

FESTIVAL SCHEDULE

7:30-11:00AM: Community Center Pancake Breakfast
 8:00AM-5:00PM: "Berry Fair" Street Market
 8:00AM-6:00PM: Curt Maberry Memorial Classic 3-on-3 Basketball Tournament
 10:00AM-3:00PM: "Razz & Shine" Car Cruise-In
 10:00AM-4:00PM: "Do the Razz, Hear the Jazz"
 10:00AM-5:00PM: Razz to Riches Prize Drawings
 10:30AM: Lynden Library "Very Berry" Storytime
 11:00AM-3:30PM: Samson Estates Winery Tours

RASPBERRY FESTIVAL 5K RUN/WALK ENTRY FORM (ONE PER PARTICIPANT)

Send completed form and fee payable to: Lynden Chamber of Commerce, 518 Front St, Lynden, WA 98264. Please make checks for donations payable to Lynden Boys & Girls Club.

Name: _____ Phone: _____

Address _____

City, State, Zip /Prov.: _____ Age (Day of Race): _____ Gender: _____ Male _____ Female _____

PRE-REGISTRATION (Pre-registration must be received by July 13 or postmarked by July 10 to guarantee packet & T-shirt availability on race day.)

Adult Walk or Run ONLY.....\$10.00
 18 and Under Walk or Run ONLY.....FREE

With Short Sleeve Sport-Tek T-shirt.....\$30.00
 18 and Under Walk or Run with Short Sleeve Sport-Tek T-shirt....\$20.00

RACE DAY LATE REGISTRATION (No T-Shirts Available At Race Day Registration; All Orders Must Be Made at Hats Off, 306B Front Street, Lynden)

Adult Walk or Run ONLY.....\$15.00
 18 and Under Walk or Run ONLY.....FREE

TOTAL AMOUNT ENCLOSED (Entry Fee Plus Donation if Applicable \$ _____ (NO REFUND)

RACE (Check One): _____ 5K Walk _____ 5K Run SHIRT SIZE (Circle one if applicable): Adult Short Sleeve XS S M L XL XXL

AGE DIVISION (Check One): _____ 13 & Under _____ 14-18 _____ 19-29 _____ 30-39 _____ 40-49 _____ 50-59 _____ 60-69 _____ 70 & Over

PARTICIPANT WAIVER (PLEASE READ AND SIGN)

I understand that this event is strenuous and physically taxing and in consideration of the Lynden Chamber of Commerce accepting this application for the entry into the Raspberry Festival 5K Run/Walk, I hereby for myself, my heirs, executors, assigns or administrators, waive and release any and all right of claims for damages or injury I may sustain while taking part in this event; that I may have against the organizers, its officers and volunteers, the Lynden Chamber of Commerce, the City of Lynden, the Lynden Boys & Girls Club, Hagen, Inc., the Lynden Raspberry Festival Committee, Lynden Christian Schools, Barbie's Berries, Clean Water Services, The Print Stop, Hats Off, Caughtonfilm.org, the Washington Red Raspberry Commission, and the sponsors, and any successors and assigns of these. In addition, I warrant that I accept the course as is, with all faults and agree to use the course at my own risk.

Participant's Signature (Parent or Guardian if under 18) _____ Date: _____